



DENIKA CAROTHERS

INTUITIVE SOUL COACH ▪ AUTHOR ▪ MINDSET DEVELOPMENT COACH ▪ INTERNATIONAL SPEAKER ▪ LEADERSHIP DEVELOPMENT

PERSONAL PROFILE

I specialize in soul connections, mindset and emotional wellness and development, personal development coaching and training. My passion and ability to connect at the Soul level sets me apart in how I deliver my craft... my gift to the world. I value the total well-being of my clients... Mind, Body and Soul as I provide direction and personalized support in building their ability to lead a self-managed, successful life.

EXPERTISE/SKILLS

- Family & Relationship Coaching
- Parent Coaching
- Leadership Development
- Mindset Development
- Faith-based Counseling
- Crisis Management
- Conflict Resolution
- Strong Communication Skills
- Motivational Speaking
- Training & Development
- Best selling author

PROFESSIONAL EXPERIENCE

FAMILY & RELATIONSHIP COACH

Live With Purpose Coaching | 2011 - Present

- Teach parenting skills, life skills, coping skills and relationship management.
- Design and supervise programs to assist parents in enhancing interpersonal skills and developing soulful and connected relationships.
- Facilitate crisis intervention and conflict resolution.

LIFE SKILLS COACH

Live With Purpose Coaching | 2005 - Present

- Consult with clients to develop long-term plans, goals and objectives for successful living.
- Help clients identify emotional and mental blocks so they can process through personal, social and economic challenges.
- Teach clients how to shift their perspective to navigate through life challenges successfully.

CONTACT

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EDUCATION

LIFE PURPOSE INSTITUTE | 2005

Life Coach Certification

CHRISTIAN BIBLE INSTITUTE | 2016

Associates Degree

DEPT. OF STATE HEALTH SERVICES, TEXAS | 2017

Peer Recovery Coach Certification

COMMUNITY SERVICE

HOUSTON ALUMNI & YOUTH (HAY) CENTER | 2016 - 2019

PAL Life Skills Instructor - Transition
Coaching Program

HOUSTON AREA RESOURCE COUNCIL FOR TEXAS YOUTH (TJJD) | 2017 - 2019

Council Member

SANTA MARIA HOSTEL | 2016 - 2019

Parenting & Recovery Coaching